

**DEPARTMENT OF SOCIAL AND HEALTH SERVICES
MEDICAL ASSISTANCE ADMINISTRATION
Olympia, Washington**

To: Pharmacies
All Prescribers
Managed Care Plans
Nursing Home Administrators

Memorandum No: 04-79 MAA
Issued: November 3, 2004

For More Information, call:
1-800-562-6188

From: Douglas Porter, Assistant Secretary
Medical Assistance Administration

Subject: Prescription Drug Program: Preferred Drug List, Drug Limitations, and Expedited Prior Authorization Updates

Effective for claims with dates of service on and after December 6, 2004 (unless otherwise noted), the Medical Assistance Administration (MAA) will implement the following changes to the Prescription Drug Program:

- Therapeutic Drug Class to be implemented as part of the Washington Preferred Drug List;
- Addition to the List of Limitations on Certain Drugs; and
- Additions to Expedited Prior Authorization Codes and Criteria.

Therapeutic Drug Class to be implemented as part of the Washington Preferred Drug List

Therapeutic Drug Class	Preferred Drugs	Non-preferred Drugs
Estrogens	Generic estradiol oral tablets, Menest oral tablets, and Premarin [®] vaginal cream	All estradiol transdermal systems, Estrace [®] brand tablets and vaginal cream, Premarin [®] tablets, Ogen [®] and estropipate tablets and vaginal cream, Cenestin [®] , Estratab [®] , Estring [®] , Femring [®] , Gynodiol [®] , and Vagifem [®] .

Addition to the List of Limitations on Certain Drugs

Drug	Limitations
Bactroban [®] (<i>mupirocin calcium</i>)	30 grams in 6 months

Additions to Expedited Prior Authorization Codes and Criteria

Effective the week of December 6, 2004:

Drug	Code	Criteria
Parcopa[®] (<i>carbidopa/levodopa</i>)	049	Diagnosis of Parkinson's disease and one of the following: a) Must have tried and failed generic carbidopa/levodopa; or b) Be unable to swallow solid oral dosage forms.
Xopenex[®] (<i>levalbuterol HCl</i>)	044	All of the following must apply: a) Patient is 6 years of age or older; and b) Diagnosis of asthma, reactive airway disease, or reversible airway obstructive disease; and c) Must have tried and failed racemic generic albuterol; and d) Patient is not intolerant to beta-adrenergic effects such as tremor, increased heart rate, nervousness, insomnia, etc.

Billing Instructions Replacement Pages

Attached are replacement pages H.7-H.14 for MAA's current *Prescription Drug Program Billing Instructions*.

How can I get MAA's provider issuances?

To obtain MAA's provider numbered memoranda and billing instructions, go to MAA's website at <http://maa.dshs.wa.gov> (click on the Billing Instructions/Numbered Memoranda or Provider Publications/Fee Schedules link).

To request a free hard copy from the Department of Printing:

- **Go to:** <http://www.prt.wa.gov/> (Orders filled daily)
Click on General Store. Follow prompts to Store Lobby → Search by Agency → Department of Social and Health Services → Medical Assistance Administration → desired issuance; **or**
- **Fax/Call:** Dept. of Printing/Attn: Fulfillment at FAX (360) 586-8831/
telephone (360) 570-5024. (Orders may take up to 2 weeks to fill.)

Prescription Drug Program

Drug	Code	Criteria
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Abilify® 015 All of the following must apply:
(aripiprazole)

- a) There must be an appropriate DSM IV diagnosis; and
- b) Patient is 6 years of age or older.

Accutane®
(isotretinoin)

Must not be used by patients who are pregnant or who may become pregnant while undergoing treatment. The following conditions must be **absent**:

- a) Paraben sensitivity;
- b) Concomitant tretinate therapy; and
- c) Hepatitis or liver disease.

001 Diagnosis of severe (disfiguring), recalcitrant cystic acne, unresponsive to conventional therapy.

002 Diagnosis of severe, recalcitrant acne rosacea in adults unresponsive to conventional therapy.

003 Diagnosis of severe keratinization disorders when prescribed by, or in consultation with, a dermatologist.

004 Prevention of skin cancers in patients with xeroderma pigmentosum.

005 Diagnosis of mycosis fungoides (T-cell lymphoma) unresponsive to other therapies.

Drug	Code	Criteria
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Adderall® 026 Diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD) and the prescriber is an authorized schedule II prescriber.
(amphetamine/
dextroamphetamine)

027 Diagnosis of narcolepsy by a neurologist or sleep specialist, following documented positive sleep latency testing and the prescriber is an authorized schedule II prescriber.

087 Depression associated with end stage illness and the prescriber is an authorized schedule II prescriber.

Adderall XR® 094 Diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD) and all of the following:
(amphetamine/
dextroamphetamine)

- a) The prescriber is an authorized schedule II prescriber; and
- b) Total daily dose is administered as a single dose.

Adeks® 102 For the treatment of malabsorption conditions, especially those conditions that inhibit the absorption of fat-soluble vitamins (such as cystic fibrosis, steatorrhea, hepatic dysfunction, and cases of HIV/AIDS with malabsorption concern) and all the following:
Multivitamins

- a) Patient is under medical supervision; and
- b) Patient is not taking oral anticoagulants; and
- c) Patient does not have a history of or is not at an increased risk for stroke/thrombosis.

Prescription Drug Program

Drug	Code	Criteria
Aggrenox® (aspirin/ dipyridamole)	037	To reduce the risk of stroke in patients who have had transient ischemia of the brain or completed ischemic stroke due to thrombosis, and all of the following: a) The patient has tried and failed aspirin or dipyridamole alone; and b) The patient has no sensitivity to aspirin.
Altace® (ramipril)	020	Patients with a history of cardiovascular disease.
Ambien® (zolpidem tartrate)	006	Short-term treatment of insomnia. Drug Therapy is limited to 10 in 30 days, after which the patient must be re-evaluated by the prescriber before therapy can be continued.
Angiotensin Receptor Blockers (ARBs)	092	Must have tried and failed, or have a clinically documented intolerance to an angiotensin converting enzyme (ACE) inhibitor. Atacand® (candesartan cilexetil) Atacand HCT® (candesartan cilexetil/HCTZ) Avalide® (irbesartan/HCTZ) Avapro® (irbesartan) Benicar® (olmesartan medoxomil) Cozaar® (losartan potassium) Diovan® (valsartan) Diovan HCT® (valsartan/HCTZ) Hyzaar® (losartan potassium/HCTZ) Micardis® (telmisartan) Micardis HCT® (telmisartan/HCTZ) Teveten® (eprosartan mesylate) Teveten HCT® (eprosartan mesylate/HCTZ)
Anzemet® (dolasetron mesylate)	127	Prevention of nausea or vomiting associated with moderately to highly emetogenic cancer chemotherapy.

Drug	Code	Criteria
Arava® (leflunomide)	034	Treatment of rheumatoid arthritis when prescribed by a rheumatologist at a loading dose of 100mg per day for three days and then up to 20mg daily thereafter.
Avinza® (morphine sulfate)	040	Diagnosis of cancer-related pain.
Calcium w/Vitamin D	126	Confirmed diagnosis of osteoporosis, osteopenia or osteomalacia.
Clozapine Clozaril®	018	All of the following must apply: a) There must be an appropriate DSM IV diagnosis present as determined by a qualified mental health professional; and b) Patient is 17 years of age or older; and c) Must be prescribed by a psychiatrist, neurologist, or psychiatric ARNP with prescriptive authority approved for this drug class, or in consultation with one of the above.
Concerta® (methylphenidate HCl)	026	Diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD) and the prescriber is an authorized schedule II prescriber.
Copegus® (ribavirin)	010	Diagnosis of chronic hepatitis C virus infection in patients 18 years of age or older. Patient must be on concomitant alpha interferon or pegylated alpha interferon therapy (not to be used as monotherapy).
Dexedrine® (D-amphetamine sulfate)		See criteria for Adderall®.
Dextrostat® (D-amphetamine sulfate)		See criteria for Adderall®.

Prescription Drug Program

Drug	Code	Criteria
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Duragesic® 040 Diagnosis of cancer-related pain.
(fentanyl)

Enbrel® 017 Treatment of rheumatoid arthritis or ankylosing spondylitis when prescribed by a rheumatologist up to 25mg subcutaneously twice per week for patients who have had an inadequate response to one or more Disease Modifying Anti Rheumatoid Drug (DMARD).
(etanercept)

024 Treatment of psoriatic arthritis when prescribed by a rheumatologist or dermatologist up to 25mg subcutaneously twice per week for patients who have had an inadequate response to one or more DMARD.

025 Treatment of plaque psoriasis in patients 18 years of age and older when prescribed by a rheumatologist or dermatologist. Dose not to exceed 50mg subcutaneously twice weekly for the first three months of therapy and not to exceed 50mg weekly thereafter.

Fazaclo® 012 All of the following must apply:
(clozapine)

- a) There must be an appropriate DSM IV diagnosis present as determined by a qualified mental health professional; and
- b) Patient is 18 years of age or older; and
- c) Must be prescribed by a psychiatrist, neurologist, or psychiatric ARNP with prescriptive authority approved for this drug class, or in consultation with one of the above; and
- d) Must have tried and failed generic clozapine.

Focalin® See criteria for Concerta®.
(dexamethylphenidate HCl)

Drug	Code	Criteria
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Geodon® 046 All of the following must apply:
(ziprasidone HCl)

- a) There must be an appropriate DSM IV diagnosis; and
- b) Patient is 6 years of age or older.



Note: Because Geodon® prolongs the QT interval (< Seroquel® > Risperdal® > Zyprexa®), it is contraindicated in patients with a known history of QT prolongation (including a congenital long QT syndrome), with recent acute myocardial infarction, or with uncompensated heart failure; and in combination with other drugs that prolong the QT interval.

Glycolax Powder® 021 Treatment of occasional constipation. Must have tried and failed a less costly alternative.
(polyethylene glycol)

Humira Injection® 028 Treatment of rheumatoid arthritis when prescribed by a rheumatologist for patients who have tried and failed one or more DMARD. Dose not to exceed 40mg subcutaneously every two weeks if patient is also receiving methotrexate, or up to 40mg subcutaneously every week if patient is not receiving methotrexate concomitantly.
(adalimumab)

Infergen® 134 Treatment of chronic hepatitis C in patients 18 years of age and older with compensated liver disease who have anti-HCV serum antibodies and/or presence of HCV RNA.
(interferon alfacon-1)

Intron A® 030 Diagnosis of hairy cell leukemia in patients 18 years of age and older.
(interferon alpha-2b recombinant)

031 Diagnosis of recurring or refractory condyloma acuminata (external genital/perianal area) for intralesional treatment in patients 18 years of age and older.

032 Diagnosis of AIDS-related Kaposi's sarcoma in patients 18 years of age and older.

Prescription Drug Program

Drug	Code	Criteria
	033	Diagnosis of chronic hepatitis B in patients 1 year of age and older.
	107	Diagnosis of malignant melanoma in patients 18 years of age and older.
	109	Treatment of chronic hepatitis C in patients 18 years of age and older.
	135	Diagnosis of follicular non-Hodgkin's lymphoma in patients 18 years of age and older.
Kadian® (morphine sulfate)	040	Diagnosis of cancer-related pain.
Kineret Injection® (anakinra)	029	Treatment of rheumatoid arthritis when prescribed by a rheumatologist for patients 18 years of age and older who have tried and failed one or more DMARD. Daily dose not to exceed 100mg subcutaneously.
Kytril® (granisetron HCl)	127	Prevention of nausea or vomiting associated with moderately to highly emetogenic cancer chemotherapy.
	128	Prevention of nausea or vomiting associated with radiation therapy.
Lamisil® (terbinafine HCl)		Treatment of onychomycosis for up to 12 months per nail is covered if patient has one of the following conditions:
	042	Diabetic foot;
	043	History of cellulitis secondary to onychomycosis and requiring systemic antibiotic therapy; <u>or</u>
	045	Fingernail involvement with or without chronic paronychia.
Levorphanol	040	Diagnosis of cancer-related pain.

Drug	Code	Criteria
Lotrel® (amlodipine besylate/benazepril)	038	Treatment of hypertension as a second line agent when blood pressure is not controlled by any: a) ACE inhibitor alone; <u>or</u> b) Calcium channel blocker alone; <u>or</u> c) ACE inhibitor and a calcium channel blocker as two separate concomitant prescriptions.
Marinol® (dronabinol)	035	Diagnosis of cachexia associated with AIDS
	036	Diagnosis of cancer and failure of all other drugs to adequately treat nausea and vomiting related to radiation or chemotherapy.
Metadate CD® (methylphenidate HCl)		See criteria for Concerta®.
Miralax® (polyethylene glycol)		See criteria for Glycolax Powder®
Naltrexone		See criteria for ReVia®.
Nephrocaps®	096	Treatment of patients with renal disease.
Nephro-FER® (ferrous fumarate/ folic acid)		
Nephro-Vite® Vitamin B comp W-C)		
Nephro-Vite RX® (folic acid/vitamin B comp W-C)		
Nephro-Vite+FE® (fe fumarate/FA/ vitamin B comp W-C)		
Nephron FA® (fe fumarate/doss/ FA/B comp & C)		

Prescription Drug Program

Drug	Code	Criteria
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Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) 141 An absence of a history of ulcer or gastrointestinal bleeding.

Ansaïd® (flurbiprofen)
 Arthrotec® (diclofenac/misoprostol)
 Bextra® (valdecoxib)
 Cataflam® (diclofenac)
 Celebrex® (celecoxib)
 Clinoril® (sulindac)
 Daypro® (oxaprozin)
 Feldene® (piroxicam)
 Ibuprofen
 Indomethacin
 Lodine®, Lodine XL® (etodolac)
 Meclofenamate
 Mobic® (meloxicam)
 Nalfon® (fenoprofen)
 Naprelan®, Naprosyn® (naproxen)
 Orudis®, Oruvail® (ketoprofen)
 Ponstel® (mefenamic acid)
 Relafen® (nabumetone)
 Tolectin® (tolmetin)
 Toradol® (ketorolac)
 Voltaren® (diclofenac)

Oxandrin® Before any code is allowed, there must be an absence of all of the following:
(oxandrolone)

- a) Hypercalcemia;
- b) Nephrosis;
- c) Carcinoma of the breast;
- d) Carcinoma of the prostate; and
- e) Pregnancy.

110 Treatment of unintentional weight loss in patients who have had extensive surgery, severe trauma, chronic infections (such as AIDS wasting), or who fail to maintain or gain weight for no conclusive pathophysiological cause.

111 To compensate for the protein catabolism due to long-term corticosteroid use.

112 Treatment of bone pain due to osteoporosis.

Drug	Code	Criteria
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OxyContin® 040 Diagnosis of cancer-related pain.
(oxycodone HCl)

Parcopa® 049 Diagnosis of Parkinson's disease and one of the following:
(carbidopa/levodopa)

- a) Must have tried and failed generic carbidopa/levodopa; or
- b) Be unable to swallow solid oral dosage forms.

PEG-Intron® 109 Treatment of chronic hepatitis C in patients 18 years of age or older.
(peginterferon alpha 2b)

Pegasys® 109 Treatment of chronic hepatitis C in patients 18 years of age or older.
(peginterferon alpha-2a)

Plavix® 136 For use in patients with atherosclerosis documented by recent myocardial infarction, recent stroke, or established peripheral artery disease and have failed aspirin. A patient that is considered an aspirin failure has had an atherosclerotic event (MI, stroke, intermittent claudication) after the initiation of once-a-day aspirin therapy.
(clopidogrel bisulfate)

Pravachol® 039 Patient has a clinical drug-drug interaction with other statin-type cholesterol-lowering agents.
(pravastatin sodium)

Pulmozyme® 053 Diagnosis of cystic fibrosis and the patient is 5 years of age or older.
(dornase alpha)

Rebetol® See criteria for Copegus®.
(ribavirin)

Rebetron® 008 Treatment of chronic hepatitis C in patients with compensated liver disease who have relapsed following alpha interferon therapy.
(ribavirin/interferon alpha-2b, recombinant)

009 Treatment of chronic hepatitis C in patients with compensated liver disease.

Prescription Drug Program

Drug	Code	Criteria
Remicade Injection® (<i>infliximab</i>)	022	Treatment of rheumatoid arthritis in combination with methotrexate when prescribed by a rheumatologist in those patients who have had an inadequate response to methotrexate alone.
	023	Treatment of Crohn's disease when prescribed by a gastroenterologist in those patients who have tried and failed conventional therapy.
Rena-Vite® Rena-Vite RX® (<i>folic acid/vit B comp W-C</i>)	096	Treatment of patients with renal disease.
ReVia® (<i>naltrexone HCl</i>)	067	<p>Diagnosis of past opioid dependency or current alcohol dependency.</p> <p>Must be used as adjunctive treatment within a state-certified chemical dependency treatment program. For maintenance of opioid-free state in a detoxified person, treatment may be started only after a minimum of 7-10 days free from opioid use. Treatment period must be limited to 12 weeks or less, and the patient must have an absence of all of the following:</p> <ul style="list-style-type: none"> a) Acute liver disease; and b) Liver failure; and c) Pregnancy.



Note: A ReVia® (Naltrexone) Authorization Form [DSHS 13-677] must be on file with the pharmacy before the drug is dispensed. **To download a copy, go to:**
<http://www1.dshs.wa.gov/msa/forms/eforms.html>

Drug	Code	Criteria
Risperdal® (<i>risperidone</i>)	054	<p>All of the following must apply:</p> <ul style="list-style-type: none"> a) There must be an appropriate DSM IV diagnosis; and b) Patient is 6 years of age or older.
Ritalin LA® (<i>methylphenidate HCl</i>)		See criteria for Concerta®.
Roferon-A® (<i>interferon alpha-2a recombinant</i>)	030	Diagnosis of hairy cell leukemia in patients 18 years of age and older.
	032	Diagnosis of AIDS-related Kaposi's sarcoma in patients 18 years of age and older.
	080	Diagnosis of chronic phase, Philadelphia chromosome (Ph) positive chronic myelogenous leukemia (CML) when treatment started within one year of diagnosis.
	109	Treatment of chronic hepatitis C in patients 18 years of age and older.
Seroquel® (<i>quetiapine fumarate</i>)		See criteria for Risperdal®.
Sonata® (<i>zaleplon</i>)		See criteria for Ambien®.
Soriatane® (<i>acitretin</i>)	064	<p>Treatment of severe, recalcitrant psoriasis in patients 16 years of age and older. Prescribed by, or in consultation with, a dermatologist, and the patient must have an absence of all of the following:</p> <ul style="list-style-type: none"> a) Current pregnancy or pregnancy which may occur while undergoing treatment; and b) Hepatitis; and c) Concurrent retinoid therapy.

Ribavirin See criteria for Copegus®.

Prescription Drug Program

Drug	Code	Criteria
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Sporanox®
(itraconazole) Must not be used for a client with cardiac dysfunction such as congestive heart failure.

047 Use for patients with systemic fungal infections and dermatomycoses.

Treatment of onychomycosis for up to 12 months per nail is covered if client has one of the following conditions:

042 Diabetic foot;

043 History of cellulitis secondary to onychomycosis **and** requiring systemic antibiotic therapy; or

045 Fingernail involvement with or without chronic paronychia.

Strattera®
(atomoxetine HCl) 007 Diagnosis of Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD).

Suboxone®
(buprenorphine/naloxone) 019 Before this code is allowed, the patient must meet all of the following criteria. The patient:

- a) Is **16** years of age or older;
- b) Has a DSM-IV-TR diagnosis of opioid dependence;
- c) Is psychiatrically stable or is under the supervision of a mental health specialist;
- d) Is not abusing alcohol, benzodiazepines, barbiturates, or other sedative-hypnotics;
- e) Is not pregnant or nursing;
- f) Does not have a history of failing multiple previous opioid agonists treatments and multiple relapses;

Drug	Code	Criteria
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- g) Does not have concomitant prescriptions of azole antifungal agents, macrolide antibiotics, protease inhibitors, phenobarbital, carbamazepine, phenytoin, and rifampin, unless dosage adjusted appropriately; and
- h) Is enrolled in a state-certified chemical dependency treatment program.

Limitations:

- No more than 14-day supply may be dispensed at a time;
- Urine drug screens for benzodiazepines, amphetamine/methamphetamine, cocaine, methadone, opiates, and barbiturates must be done before each prescription is dispensed. The prescriber must fax the pharmacy with confirmation that the drug screen has been completed to release the next 14-day supply. The fax must be retained in the pharmacy for audit purposes;
- Liver function tests must be monitored periodically to guard against buprenorphine-induced hepatic abnormalities; and
- Clients may receive up to 6 months of buprenorphine treatment for detoxification and stabilization.



Note: A Buprenorphine-Suboxone Authorization Form (DSHS 13-720) must be on file with the pharmacy before the drug is dispensed. **To download a copy, go to:**

<http://www1.dshs.wa.gov/msa/forms/eforms.html>

Symbyax®
(olanzapine/
fluoxetine HCl)

048 All of the following must apply:

- a) Diagnosis of depressive episodes associated bipolar disorder; and
- b) Patient is **6** years of age or older.

Prescription Drug Program

Drug	Code	Criteria
Talacen® (pentazocine HCl/ acetaminophen) Talwin NX® (pentazocine/naloxone)	091	Patient must be 12 years of age or older and has tried and failed two NSAIDs or failed one other narcotic analgesic and is allergic or sensitive to codeine.
Toprol XL® (metoprolol succinate)	041	Diagnosis of congestive heart failure.
Vancomycin oral	069	Diagnosis of clostridium difficile toxin and the patient has failed to respond after two days of metronidazole treatment or the patient is intolerant to metronidazole.
Vitamin ADC Drops	093	The child is breastfeeding and: <ul style="list-style-type: none"> a) The city water contains sufficient fluoride to contraindicate the use of Trivits w/Fl; and b) The child is taking medications which require supplemental Vitamin D, as determined medically necessary by the prescriber and cannot be obtained by any other source.
Vitamin E	105	Confirmed diagnosis of tardive dyskinesia or is clinically necessary for Parkinsonism and all of the following: <ul style="list-style-type: none"> a) Caution is addressed for concurrent anticoagulant treatment; and b) Dosage does not exceed 3,000 IU per day.
Wellbutrin SR and XL® (bupropion HCl)	014	Treatment of depression.

Drug	Code	Criteria
Xopenex® (levalbuterol HCl)	044	All of the following must apply: <ul style="list-style-type: none"> a) Patient is 6 years of age or older; and b) Diagnosis of asthma, reactive airway disease, or reversible airway obstructive disease; and c) Must have tried and failed racemic generic albuterol; and d) Patient is not intolerant to beta-adrenergic effects such as tremor, increased heart rate, nervousness, insomnia, etc.
Zofran® (ondansetron HCl)		See criteria for Kytril®.
Zometa® (zoledronic acid)	011	Diagnosis of hypercalcemia associated with malignant neoplasms with or without metastases; or multiple myeloma; or bone metastases of solid tumors.
Zyprexa® Zyprexa Zydis® (olanzapine)		See criteria for Risperdal®.
Zyvox Injectable® (linezolid)	013	Treatment of vancomycin resistant infection.
Zyvox Oral® (linezolid)	013	Treatment of vancomycin resistant infection.
	016	Outpatient treatment of methacillin resistant staph aureus (MRSA) infections when IV vancomycin is contraindicated, such as: <ul style="list-style-type: none"> a) Allergy; or b) Inability to maintain IV access.